

Activities Calendar

January 2020

ADULT DAY of DUNWOODY

Mon	Tue	Wed	Thu	Fri
		1 NEW YEARS DAY CLOSED	2 DAILY INSPIRATION FITNESS EXERCISE NEW YEARS RESOLUTION HISTORY TRIVIA BRAIN BOOT CAMP BINGO ARTS & CRAFTS WITH DEB	3 DAILY INSPIRATION FITNESS EXERCISE BIBLE STUDY HEAD BAND GAME SPORTSMANIA TEAM TRIVIA <u>ENTERTAINMENT BY JIM PEARCE</u> GARDENING CLUB
6 BIBLE STUDY FITNESS EXERCISE BRAIN FITNESS FAMILY FEUD GEOGRAPHY BRAIN TEASERS <u>ZUMBA WITH STEVE</u> NAME THAT TUNE	7 DAILY INSPIRATION FITNESS EXERCISE SPORTS MANIA <u>MUSIC THERAPY W/MARIA</u> HOT CHOCOLATE SOCIAL TAI CHI SESSION GOLF	8 DAILY INSPIRATION FITNESS EXERCISE NAME THAT TUNE THIS DAY IN HISTORY @ 11 AM WHO WANTS TO BE A MILLIONAIRE BOOK CLUB JEOPARDY	9 HAPPY BDAY LENORE E. DAILY INSPIRATION FITNESS EXERCISE BRAIN BOOT CAMP JEOPARDY SING - ALONGS <u>YOGA WITH CAROL</u>	10 DAILY INSPIRATION FITNESS EXERCISE BIBLE STUDY TEAM TRIVIA BINGOMANIA HEAD BAND GAME BASKETBALL
13 DAILY INSPIRATION FITNESS EXERCISE BIBLE STUDY BRAIN FITNESS GARDENING CLUB <u>ZUMBA WITH STEVE</u> NAME THAT TUNE FAMILY FEUD BRACELETS MADE W/JASMINE	14 DAILY INSPIRATION FITNESS EXERCISE BRAIN FITNESS <u>MUSIC THERAPY W/MARIA</u> ARTS & CRAFTS WITH DEB BOOK CLUB BINGO BASKETBALL <u>MUSIC THROUGH THE AGES</u> REVOLUTIONARY WAR	15 DAILY INSPIRATION FITNESS EXERCISE GEOGRAPHY BRAIN TEASERS WHO WANTS TO BE A MILLIONAIRE MLK – HISTORICAL FACTS <u>ENTERTAINMENT BY JIM PEARCE</u> TAI CHI SESSION THIS DAY IN HISTORY “HENRY VIII & QUEEN ELIZABETH DAY” MARTIN LUTHER KING JR. BDAY	16 DAILY INSPIRATION FITNESS EXERCISE BRAIN BOOT CAMP HAPPY TAILS <u>YOGA WITH CAROL</u> SWINGING SAINTS @ 2 PM GEOGRAPHY BRAIN TEASERS HEAD BAND GAME MARDI GRASS BINGO	17 DAILY INSPIRATION FITNESS EXERCISE BIBLE STUDY TEAM TRIVIA MOVIE DAY BOWLING FAMILY FEUD GARDENING CLUB
20 DAILY INSPIRATION FITNESS EXERCISE BIBLE STUDY BRAIN FITNESS <u>ZUMBA WITH STEVE</u> GEOGRAPHY BRAIN TEASERS BOWLING NAME THAT TUNE MARTIN LUTHER KING JR. DAY	21 DAILY INSPIRATION FITNESS EXERCISE <u>MUSIC THERAPY W/MARIA</u> TAI CHI SESSION “PAINTING WITH A FLARE” BINGO JEOPARDY HEAD BAND GAME	22 DAILY INSPIRATION FITNESS EXERCISE NAME THAT TUNE THIS DAY IN HISTORY @ 11 AM BOWLING MEMBERS COUNCIL MEETING HEADBAND GAME	23 DAILY INSPIRATION FITNESS EXERCISE BRAIN BOOT CAMP <u>YOGA WITH CAROL</u> WHO WANTS TO BE A MILLIONAIRE MUSIC THROUGH THE AGES JEOPARDY	24 DAILY INSPIRATION FITNESS EXERCISE BIBLE STUDY BOOK CLUB GARDENING CLUB TEAM TRIVIA MOBILE EXAM @ 2:30 PM BINGO
27 DAILY INSPIRATION FITNESS EXERCISE BIBLE STUDY BRAIN FITNESS JEOPARDY <u>ZUMBA WITH STEVE</u> BINGOMANIA	28 HAPPY BDAY VILMA D. DAILY INSPIRATION FITNESS EXERCISE <u>MUSIC THERAPY W/MARIA</u> SIP AND PAINT WHO WANTS TO BE A MILLIONAIRE TAI CHI SESSION	29 DAILY INSPIRATION FITNESS EXERCISE GEOGRAPHY BRAIN TEASERS BOWLING FAMILY FEUD HEADBAND GAME GOLD	30 DAILY INSPIRATION FITNESS EXERCISE BRAIN BOOT CAMP JEOPARDY <u>YOGA WITH CAROL</u> TAI CHI SESSION	31 DAILY INSPIRATION FITNESS EXERCISE BIBLE STUDY TEAM TRIVIA MARDI GRASS BINGO BOWLING